



beechfieldhouse

hotel & restaurant

the treatment room

pamper in style in
'a gem of a country house'

The treatment room at Beechfield House

Welcome to the 'Pure Fiji' beauty treatment room at Beechfield House. Located at this 'gem of a country house hotel', it's a perfect place for you to take time out from the stresses and strains of daily life.

Discover the South Pacific's secret to beautiful skin with our fantastic range of natural products based on extra virgin coconut oil with fresh coconut milk and exotic nut extracts. Treatments are available in a choice of three infusions – Coconut, Starfruit or Mango.

The 'Pure Fiji' beauty treatment room is open to residents and non-residents alike, providing an opportunity to relax and unwind in a calm and luxurious environment under the care of our team of highly qualified therapists.

We do recommend that treatments are booked well in advance to avoid disappointment.

Gift vouchers

Individually prepared gift vouchers are available to purchase for:

- any 'Pure Fiji' treatment
- any package or special break
- any monetary value

These may be purchased at the time of your visit, by telephoning reception or on-line via our website.

Booking

The beauty treatment room is open to residents and non-residents. Treatments are available seven days a week, subject to availability. Booking is essential and may be done by contacting reception:

Tel +44 (0) 1225 703700 **Fax** +44 (0) 1225 790188

Email reception@beechfieldhouse.co.uk

Web www.beechfieldhouse.co.uk

'Pure Fiji' facial treatments

A botanical blend of green coconut, cold-pressed virgin coconut, dilo, sikeci and macadamia oils nourish and encourage cellular renewal. Plant based peptides, deep sea antioxidants and ngi grass increase cellular water flow resulting in deep hydration and also stimulating the process of reducing the appearance of wrinkles and improving the tone of the skin.

Hydrating Facial - 60 minutes

Skin is cleansed and exfoliated. A face, neck and décolleté massage is performed. A deeply hydrating masque is then applied followed by toner and moisturiser. Great for those in need of a hydrating boost! Includes a hand massage.

Exfoliating Facial - 60 minutes

Skin is cleansed and exfoliated, followed by a face, neck and décolleté massage. An exfoliating fruit masque is then applied which contains natural fruit enzymes, in particular papaya. A natural alternative to a chemical peel this masque will remove the build up of dead skin cells. Finished with toner and moisturiser. Includes a hand massage.

Anti-Aging Facial - 60 minutes

Skin is cleansed and exfoliated. A face, neck and décolleté massage follows before the application of a gentle masque which reduces the appearance of wrinkles and improves the tone of the skin. Includes a hand massage.

Taster Facial - 30 minutes

Cleanse, tone, exfoliation, mask & moisturise and includes a hand massage.





'Pure Fiji' hand and feet treatments

Tropical Manicure - 45 minutes

(Soak, nail and cuticle work, with hand and arm massage)

Totally Tropical Deluxe Manicure - 60 minutes

(Soak, nail and cuticle work, sugar exfoliation, hand mask, arm massage)

Bring back a youthful glow to the hands. This treatment starts with a relaxing soak in coconut milk bath. Followed is an exfoliation of natural occurring alpha hydroxyl in a pure cane sugar infused with essential oils, enzymes and coconut oil. A warm body butter wrap for your hands will deliver moisture to instantly revive skin while milk proteins set in motion a firming process to reduce the appearance of fine lines. Finishing the treatment, breathe deep and relax as a rich lotion is applied and gently massaged into the arms.

Tropical Paradise Pedicure - 45 minutes

(Soak, nail and cuticle work, with foot and leg massage)

Tropical Paradise Deluxe Pedicure - 60 minutes

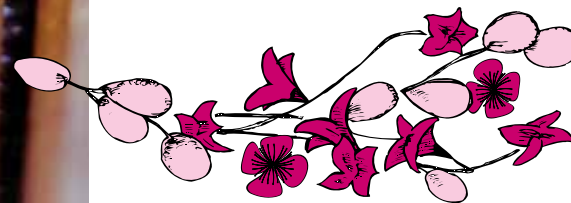
(Soak, nail and cuticle work, sugar exfoliation, feet mask, leg massage)

Sit back, relax and be pampered from soul to sole. Starting with a ritual cleansing with coconut milk, the soak is then followed by an exfoliation of natural occurring alpha hydroxyl in a pure cane sugar infused with essential oils, enzymes and coconut oil. A warm body butter wrap is then applied to the feet and while you are floating in paradise your legs are massaged with warm coconut exotic massage oil. Finally your choice of colour is applied to your nails.

French Polish - please add 15 minutes to each of the above

File and Paint - 30 minutes

NB - We recommend you wear open toe sandals for pedicure treatments.



‘Pure Fiji’ body treatments

Grand Paradise Experience - 75 minutes

Your ritual begins with a deep pore cleansing coconut crème scrub followed by a relaxing body wrap with coconut oil and body butter to promote hydration and repair damage to the deepest layers of skin. Includes face & scalp massage.

Hydrating Island Wrap - 60 minutes

Skin is gently dry brushed and warmed oil containing vitamins and antioxidants is applied. The body is then wrapped whilst a scalp and face massage relieve tension. Hydrate and detoxify your system whilst restoring mind and body.

Tropical Sugar Glow - 30 minutes

An exfoliating body treatment with pure cane sugar and tropical nut oils ridding the body of dead skin, strengthening the skins elasticity and replenishing moisture loss. Finished with an exotic body oil application.

Coconut Crème Body Glow - 30 minutes

An exfoliating and cleansing treatment using pineapple extracts to gently buff away dry skin followed by an application of hydrating body lotion.

‘Pure Fiji’ massages

‘Pure Fiji’ Hot Stone Massage - 75 minutes

(Dry brush, oil application, hot stone massage)

Warmed stones are placed on the body and combined with a nourishing exotic body & bath massage oil to release tension, restore balance and increase positive energy flow. The stones are used to gently encourage sore muscles to relax and surrender as circulation increases, bringing a sense of well-being and harmony.

Traditional Fijian Hot Oil Scalp Massage - 30 minutes

A traditional Fijian coconut bowl is used to slowly drizzle warmed exotic nut oils that are then massaged gently into the scalp and neck, restoring balance and leaving hair shiny and healthy.

Continued...

Swedish Massage

Using Swedish style movements, this massage will leave you feeling totally relaxed and rejuvenated by easing tension, relieving stress, muscular aches and pains. A good all round massage.

Swedish Full Body Massage - 60 minutes

Swedish Back, Neck and Shoulders Massage - 30 minutes

Deep Tissue Massage

Using the forearms and elbows, this eases muscle tension, leaving them feeling awake, and light. For those who prefer a firm massage!

Deep Tissue Full Body Massage - 60 minutes

Deep Tissue Massage - 30 minutes

Priadara Thai Style Massage

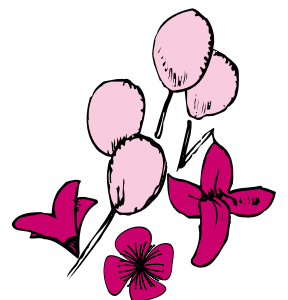
The combination of massage and the heat of hot poultices will drift away tensions and awaken the senses, energising the mind.

Priadara Thai Style Massage - 60 minutes

Priadara Thai Style Massage - 30 minutes

Pregnancy Care Massage - 60 minutes

Combines tried and tested safe pregnancy massage techniques for every stage of pregnancy (not in the first twelve weeks) to ensue the ultimate in comfort and relaxation. Helps to relieve tension in your upper and lower back, and alleviate any swelling in the hands or feet, whilst relaxing your mind and lifting your spirit. Includes a cleanse, tone and moisturise to the face.





‘Pure Fiji’ gentlemen’s treatments

Almost any treatment here at Beechfield House can be adapted for men but these are a few of our favourites specially designed for you!

Gentleman’s Grand Body Buff - 60 minutes

(Exfoliation, oil application, scalp massage)

Mana’ia buffing scrub is expertly applied to ease away ingrained dirt and dull skin cells. Next a blend of cold-pressed coconut and drift-nut oils are applied which revive, hydrate and nourish your skin and fortify against further damage. Finally you will be treated to a scalp and hair massage.

Gentleman’s Grand Manicure - 30 minutes

(Soak, nail and cuticle work, exfoliation, hand mask, arm massage)

For hands that show your softer side. Begin with a ritual hand soak in coconut milk bath to wash away stress and soften and hydrate hands, then an exfoliating hand and arm scrub with a blend of coconut milk, drift nut oils and ground drift nuts. Following this, a warm body butter wrap for your hands and a warm oil arm massage leaving you de-stressed, soft and freshly scented.

Nail Buffing - please add 15 minutes to the above

Gentleman’s Grand Pedicure - 30 minutes

(Soak, nail and cuticle work, exfoliation, feet mask, leg massage)

Even the toughest guy needs a little pampering. Relax and forget your worries as you are taken on a tropical journey. You begin with a ritual foot soak in coconut milk bath which washes away stress and softens and hydrates feet. You will then be treated to an exfoliating foot and leg scrub with a blend of coconut milk, drift nut oils and ground drift nuts. Then enjoy a warm body butter wrap for your feet and a warm leg oil massage leaving you de-stressed, soft and freshly scented.

Nail Buffing - please add 15 minutes to the above

Gentleman’s Back Wax

Gentleman’s Chest Wax

Gentleman’s Eyebrow Shape

Miscellaneous beauty treatments

Hopi Ear Candles - 60 minutes

This induces a pleasant feeling of warmth and a balance of pressure in the ears, forehead and sinuses. It is soothing and helpful for earache, headache, ear noise, stress and nervousness.

Full Leg and Standard Bikini Line Wax

Full Leg Wax

Half Leg and Standard Bikini Line Wax

Half Leg Wax

Standard Bikini Line Wax

Underarm/Lip/Chin/Eyebrow Shape – each

Eyelash Tint

Eyebrow Tint

Eyelash & Eyebrow Tint

Please note an allergy test is required 24 hours before all tint treatments

Bespoke Bridal Packages

We are able to offer bespoke treatment packages for the Bride, Bridesmaids, Groom and Parents. Please book a consultation for more details.

Products to purchase

'Pure Fiji' products are available to purchase (please allow 28 days):

- at the time of your visit
- by telephoning reception
- or on-line via www.beechfieldhouse.co.uk

Treatment room guidelines

Cancellation Policy

A credit card number may be required at the time of booking to secure your appointment. A full charge will be made for treatment appointments cancelled with less than 24 hours notice.

Treatment Times

In order that we can provide the best possible care we ask that you arrive 10 minutes prior to your treatment time. As a courtesy to other beauty treatment clients we try to ensure that treatment times are adhered to and consequently may not be able to treat clients who arrive late. We regret that latecomers will incur the full fee for shortened treatment times.

Health & Safety

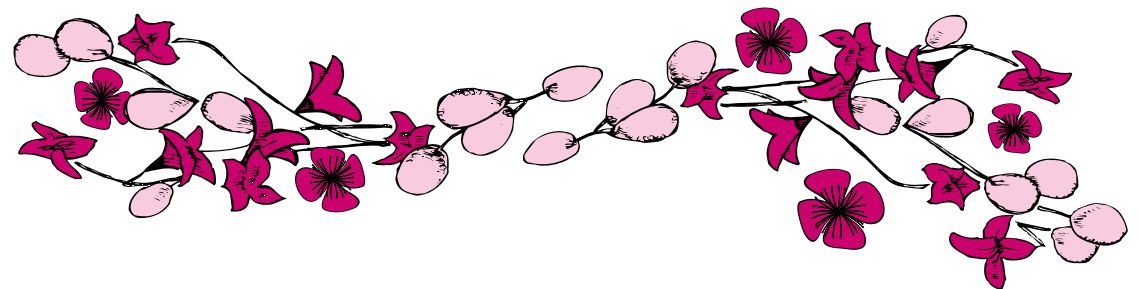
A treatment consultation form will be completed prior to your first appointment and up-dated on subsequent appointments. It is vitally important that you inform your therapist if you suspect that you may be pregnant. Please ensure that fully inform of us of any medical conditions (or changes to your medical status) or if you are undergoing any medical treatment or taking prescribed medication. We advise that alcohol should not be consumed prior to any treatment.

Guest Book

"Very professional. A lovely relaxing treatment and a perfect start to our Weekend. Thank you." F.M

"Fantastic experience, brilliant massage, wonderful all round. We chose this Hotel for this service and it has lived up to its billing. We will return for more of the same soon". Mr M

"An excellent start to our stay, an extremely lovely experience. Thank you". D.B



Contact Us

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